Uni-bound

Meet our 2023 scholarship recipients

Stars come out to play

Fundraising for cyclone relief projects

Doing the mahi

Why Milford employees volunteer their time

The big clean-up

Puhinui Regeneration Project

impact

Issue 3

June 2023





Investing in Aotearoa
New Zealand communities
by creating a sustainable
future for generations
to prosper

Our impact since launch in May 2021



Money granted/
Committed
to grant

CANT



Funds
Growing

\$6.6M

As at 30th April 2023

Our Partners



which aims to transform lives and help change the negative youth statistics in New Zealand.



A West Auckland
Foodbank supporting the
community by providing
services that bring hope.



An award-winning project which aims to regenerate Manukau's blue and green networks whilst building nature-based careers and economic henefit



Empowering tamariki and rangatahi through a national helpline offering free counselling via phonor online chat. MoneyTime is the most advanced financial literacy programme available to primary

MoneyTime

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Chief Executive, Milford Foundat

A time to celebrate, pause and reflect

Milford Foundation has just celebrated its two-year anniversary - and what an incredible journey it's been. During that time, we've gone from strength-to-strength, making an increasingly impactful contribution to the communities with whom we partner.

I think the two-year mark is a great time to pause for reflection. To think about where we started, how we've grown, and what we've achieved.

Our goal from the beginning was to truly partner with our charities. That meant while we donated money, just as important for us was building relationships and deeply investing in the vision and goals of the partners we support. Those fledgling partnerships have now grown into very personal alliances, where the Foundation and Milford have genuine passion for the heart of our partner charities. It's been exciting to see the number of charities grow to five: Graeme Dingle Foundation, 0800 What's Up, Puhinui Restoration Project, The Village, and MoneyTime.

At the end of 2022 we invited each of these charities to an evening at Milford, where they presented on their organisation's purpose, goals and how Milford Foundation is assisting. It was a rewarding time as we heard stories about the tangible difference these groups are making in their communities. It was also an opportunity for our partners to interact with each other to share their skills, ideas and journey.

I want to thank all of our partners for opening your doors and hearts to us, and letting us journey with you. It's a privilege.

As I stop and reflect over the past two years, I think one of the most exciting developments has been the opportunity for Milford employees to volunteer time with our partners. There's no better way of building connection than doing the mahi. Thank you to all the employees who have donated time – your ongoing contribution makes a difference.

A highlight was the awarding of 15 inaugural Milford Foundation Scholarships late last year. Fourteen students started their studies at the beginning of 2023, and one will commence midyear. Twelve scholarships were on offer for 2023; however, we received such a high calibre of applications that we increased the available scholarships to 15 with the help of three generous private sponsors. It's been incredible to see Milford employees around the regions connect and support these students as they take the first step towards realising their career and life goals.

A recent highlight was at the beginning of May when we held our Burgers, Beers and Brilliant Sportspeople event. More than 450 people attended, along with 30 sporting stars, and we raised in excess of \$203,000 for cyclone relief projects. You can read more about this event in this edition of Impact.

In closing, I would like to thank Anthony Quirk who recently stepped down as Chair of the Milford Foundation Board of Trustees – a position he has held since inception. Anthony brought his vast executive capability to the position, along with a myriad of experience on the boards of not-for-profits. He has taken up the position of Chair of Milford Asset Management, and will also remain a Trustee on the Foundation board. Thank you AQ.

It's also my pleasure to announce Sarah Norrie as the new Chair of the Milford Foundation. Sarah has also been a valued Trustee for two years and brings a wealth of talent, energy and passion to the position. We are excited to welcome her as Chair, and look forward to continuing our strong relationship.





Sarah Norrie Chair, Milford Foun

I've been thinking... musings of the new Milford Foundation Chairperson

When the markets are rocky, interest rates are heading north, and you leave the supermarket with barely anything yet relieved of several hundred dollars, you won't be judged for pushing philanthropy to the back of your mind. Yet, it is exactly times like now, that giving back to others and helping those in need is one of the most rewarding and fulfilling experiences a person can have. I've yet to meet someone that has given time or money to others and regretted it, particularly when there is the ability to follow the giving and experience first-hand the benefit it has provided.

For me, giving back provides a sense of purpose and meaning. When we give our time, money, or resources to help others, we are contributing to something greater than ourselves. This sense of purpose can help us feel more fulfilled and satisfied with our lives, knowing that we are making a positive difference in the world.

I grew up in a very middle-class family in Wellington. My father, born in 1942, is a war baby. He will talk about riding his bike to school in Christchurch and at every pedal push, reciting the determination in his head that he would have money one day. We didn't have holidays abroad, but we did have the very best education and I know that put pressure on the household income. It was as I was finishing school, being the youngest of three, that all my father's tireless efforts began to pay off, and today, it would be reasonable to say that my parents are very comfortable.

In today's world, it is significantly harder to get ahead if you are not in a position of positive reinforcement and not exposed to opportunities. The gap in New Zealand has grown cosmically wide between the haves and have-nots, and for those of us in a position to do more by offering a hand of help up (which is a very different proposition to a handout), this has never been more desperately needed.

The benefit of giving back, cannot only change the beneficiary of our philanthropy to an insurmountable level, but my experience of doing so also provides an improved mental and emotional well-being. Helping other people releases endorphins, which are feelgood chemicals in the brain. Studies have shown that volunteering and charitable giving can reduce stress, anxiety, and depression. It can also increase our self-esteem and confidence, as we feel good about ourselves for doing something positive and impactful for someone else.

Giving back provides an opportunity to connect with others and build relationships. Volunteering or donating to a cause can bring people together who share a common goal or passion. This can lead to new friendships, networking opportunities, and a sense of community. The personal benefits of giving back most certainly have a positive impact on society as a whole. By helping those that need it, we are contributing to the greater good and making our communities stronger. We are creating a culture of kindness and compassion, which can have a ripple effect and inspire others to do the same.

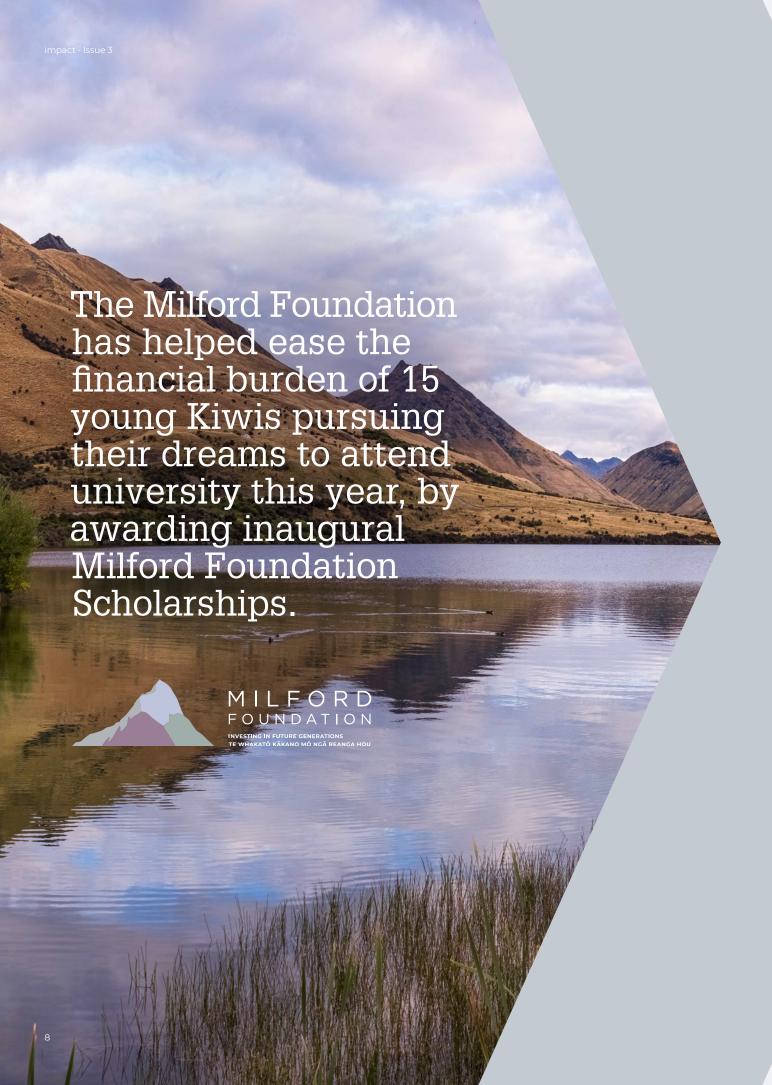
When we give back, whether it be of our time or from our wallets to those who are less fortunate, we are acknowledging our own privilege and recognising that we have a responsibility to help others who may not have the same advantages. Yet gifting some advantage to those that need it, could very well change the course of their future to the benefit of society as a whole.

So, whether it's through volunteering, donating to

a cause, or simply helping a neighbour in need, I fundamentally believe that if more of us took a moment to look beyond meaningless distractions in our everyday lives and take time to think beyond ourselves, the positive impact we could collectively have on the communities around us could be extraordinary.

It is my absolute and utter privilege to have been invited into the Chair seat of the Milford Foundation. I'm grateful to Anthony Quirk for his leadership as Chair over the past two years, and look forward to continuing the great work achieved over that time. We are in a truly blessed position to be supported by a premium brand that is Milford, surrounded by highly talented financial professionals that enable us to ensure that every single dollar we have to invest in New Zealand communities through the Foundation, is put to work as hard as it possibly

For me, the endorphins are working overtime as we get to experience every day, the difference we are able to make in the lives of those that will shape New Zealand's future. Please join us. I know how frustrating it can be when you donate to a cause and have no idea where the money went or if it made a difference. You have my commitment, that partnering with the Milford Foundation is a very different proposition and nothing would give me more joy than you sharing in the endorphin rush alongside us.



Milford Foundation Scholarships

This is the first time we have awarded scholarships as part of our philanthropic giving. Twelve scholarships were on offer for 2023; however, the high calibre of applications meant the Foundation increased the available scholarships to 15 with the help of three private sponsors. Fourteen of those students began their studies in Semester One 2023 and one will begin later this year.

The students were selected from across New Zealand and chosen not only for their potential to succeed in their studies, but also their participation in local communities and the ability to overcome obstacles and hardship.

Selected schools were asked to nominate students they felt would benefit from the scholarship, but who may not have otherwise applied. Working closely with school leadership, applicants were identified who had the ability to go on to university but not necessarily the means to do so.

Each recipient has received a flexible support package up to a value of \$10,000 per year, for the duration of their undergraduate qualification; a pledge of almost half a million dollars for the inaugural cohort over the course of their studies. The funding can cover costs such as fees, living expenses, course materials, hostel accommodation and travel.

Scholarship recipients will also benefit from the Milford Foundation network to support them in their educational journey and career path which can include educational equipment, mentoring and support.

On the following pages we profile the 14 students who began their studies in February to find out how they are enjoying uni life, and how their scholarship has supported them.

The students were selected from across New Zealand and chosen not only for their potential to succeed in their studies, but also their participation in local communities and the ability to overcome obstacles and hardship.



Angel Scott

High School: Cromwell College
Studying at: University of Otago
Degree: Bachelor of Arts and Commerce

People often describe themselves as motivated, but for Angel Scott, the proof is in the pudding.

Knowing she was moving to Dunedin, Angel began looking for a part-time job straight away. After 17 failed applications, she used her initiative and put an ad on Facebook. "It worked – I finally found a job," she says. "How did I overcome the crushing fear of never being able to find a job? I just kept searching – it's Dunedin and the opportunities are endless!"

Angel attributes her determination to her mum and stepdad. "They worked hard for the things we have today," she says.

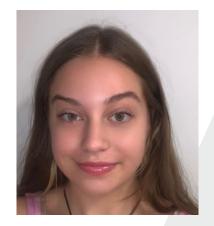
"They've always
encouraged me to go
to university to study
whatever my passion is.
They're my number one
supporters who will be
here for me every step
of the way."

"I hold a special place in my heart for the Milford Foundation. Without them, I might not be in the position I'm in right now."

While Angel has a passion for music, Greek mythology and Roman history, she's not sure where her Arts and Commerce degree will take her. "Mum told me to study what I enjoy, so as a second major I'm taking Classical Studies. I could be an archaeologist or an accountant," she says. "Someday I hope to work for a charitable business that gives back to society and supports those who want to actively make a change in this world like Milford Foundation!"

Angel's Milford Foundation Scholarship has helped to ease financial concerns about starting university. "I was worried as I didn't think I would be able to complete my full degree due to financial barriers – and I'm not one of those students fortunate enough to have family paying for their tuition. I feel like this scholarship has taken a lot of pressure off them too."

Exploring Dunedin, making new friends and O Week have all been first semester highlights. "If you're interested in applying for a Milford Scholarship, I'd say go for it," she says. "I hold a special place in my heart for the Milford Foundation. Without them, I might not be in the position I'm in right now."



Piper Moore

High School: Te Puke High School
Studying at: Te Herenga Waka - Victoria
University of Wellington
Degree: Bachelor of Arts in Psychology

A love of history and culture began in childhood for Piper Moore, who grew up with a Scottish mother. "I've always been interested in people and their lifestyles," she says. "Because of this, I wanted to study psychology as well as anthropology. This paired with my love of writing and learning has, since childhood, motivated me to attend university."

This dream became a reality, in part, thanks to Piper's Milford Foundation Scholarship. "Nearing the end of 2022, I realised I wouldn't be able to afford university – even with my two part-time jobs. I considered working full-time in 2023 to save the money. This scholarship helped me start university earlier than I would have."

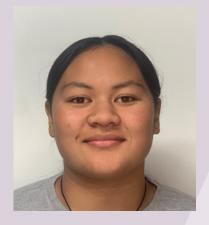
Piper isn't sure where her degree will lead her, but forensic psychology is currently top of her list. The ability to understand, treat and prevent criminal behaviour as a career has a strong pull. "As cliché as it sounds, I want to help people with their mental health," she says. "That's the way I can make a difference in this world."

While moving to Wellington away from family and friends was tough, Piper is settling well into her studies and enjoying her coursework. "Although having such a big workload has been a difficult adjustment, I am so happy with what I am learning."

Grateful for her Milford Foundation Scholarship, she's keen for others to have the same experience. "I applied with very little expectation, however I did it – and I'm forever grateful I did. Not only has Milford Foundation provided me with finances that enabled me to attend university, an opportunity to live in the halls of residence and a laptop for my studies, they have so many resources and people for me to reach out to, which has given me confidence and a sense of security."

"Without this scholarship, I would not be where I am right now – and possibly where I will be in the future. They have given me the opportunity to achieve something great with my life."

"Milford Foundation has so many resources and people for me to reach out to, which has given me confidence and a sense of security."



Leighton Varea

High School: Kelston Girls College
Studying at: Massey University
Degree: Bachelor of Engineering, majoring in Mechatronics

Relationships and connection are important to Leighton Varea and she cites communication as her key strength. "I love being able to connect with others through communication." she says. "One of the best things about my scholarship is that I have support and mentoring. It's significant to have people encouraging me through my studies. The Milford Foundation is full of people who are energetic and keen to help me in my educational journey, and that has been motivating."

Growing up in West Auckland the youngest of seven children, Leighton was heavily influenced by her Fijian and Samoan heritage. "I grew up learning the language and ways of my culture," she says. "My values and morals were instilled in me, thanks to my siblings and parents. I've always had a strong belief in my faith and that is what inspires and encourages me through my struggles."

Engineering was a good fit for Leighton – who loves creating and fixing things. "Since I was young, my dad would teach

me and my siblings how to fix cars," she says. "I loved it. I decided to take mechatronics because it would teach me something different from practical mechanics, and looks more into electronic principles that can be applied anywhere in the engineering industry. It's also still quite rare to see women in engineering especially Pasifika women - so I want to help normalise that. I purely want to open doors for others like me, and show them there are no limits to what you can do."

Coming from Kelston Girls College, which has a high number of Pasifika students, university has been a transition. "It's been a challenge but it has allowed me to get to know more cultures, and also share my own culture," she says.

"I realised in the first few weeks that no one is holding your hand at university," she says.

"No one is pushing you to cross that finish line – except for yourself. I've really enjoyed the sense of independence and being responsible for my own learning."

With a strong desire to influence Pasifika women to reach their goals, Leighton is leading by example.

"The Milford Foundation is full of people who are so energetic and keen to help me in my educational journey, and that has been motivating."



Tiaki Nager-Ropitini

High School: Wainuiomata High School **Studying at:** Te Herenga Waka - Victoria University of Wellington

Degree: Bachelor of Arts in Māori Studies

"Milford Foundation has welcomed me and my family into their family with open arms, and I am forever grateful," says Arts student Tiaki Nager-Ropitini (Ngāti Porou). "They have provided me with a mentor to help with challenges I may encounter in everyday life, and a peer support person who is an ex-student at Victoria who can help me with queries I may have as a student."

Tiaki chose a Bachelor of Arts because he wants to be a high school teacher - with a passion for educating young Māori. "I believe high school teachers have a large influence in adolescent lives. and I want to be a positive person who tells them there is no barrier to what they can achieve," he says. "I want to see young people from my community succeed and make a difference in the lives of Māori people. I believe education is a doorway to success."

"Anyone can potentially do anything they want – but it's whether they are brave enough to put in the hard work. I like to say I work hard, but I also wouldn't be where I am today without my family and Milford Foundation."

Tiaki is one of five siblings and has a passion for sport. "As a young Māori boy from a small community here in Wellington, I have always wanted to push the boundaries of what people tell me I can't do," he says. "My mum, dad and siblings have always supported me and provided for me. They inspire me every day to push harder and reach my potential."

Tiaki admits there were people who didn't believe he could achieve his dreams. Starting university has shown them he is well on his way. "Knowing that despite there being people that doubted I'd be in the position I am right now, there are people who do think I can succeed, and I am proudly representing those people every day."

"Despite there being people that doubted, there are people that do think I can succeed, and I am proudly representing those people every day."



Ashton Zaal

High School: Te Puke High School
Studying at: University of Otago
Degree: Bachelor of Health Sciences

With dreams of becoming a doctor, Ashton Zaal has taken an important first step this year, beginning a Bachelor of Health Sciences at the University of Otago.

"Medicine inspires me," he says.

"The difference I want to make in this world is to work in a hospital saving people. I've enjoyed the content of my university course so far and I'm very motivated to become a doctor. I'm hard working, goal driven and very passionate about my future and career."

Ashton is one of six brothers who grew up in Te Puke.
He's close to his family and enjoys basketball and chess.
His Milford Foundation
Scholarship meant university suddenly became a reality. "I was speechless and so happy," he says of finding out he had been awarded a scholarship.

"It changed my thinking because the scholarship guaranteed that I was going to university – before that I didn't know if I was going to be able to make enough money to go.

"The most significant impact is the stress relief the scholarship has given me. I'm able to allocate my time to the university course. I also value all the tips and advice I was given throughout the meetings [with Milford employees] – and also the folder of helpful information."

The most challenging aspect of university life for Ashton has been the workload. "There's a lot of content in the course I am studying. I'm overcoming that by studying six hours on week days and eight hours on week ends – but I make sure to rest as well."

Ashton isn't sure what branch of medicine he would like to specialise in – but he's excited about the choices and opportunities that university has afforded him. The future is looking bright for this pre-med student.

"It changed my thinking because the scholarship guaranteed that I was going to university."



Saiyan Ioka

High School: Kelston Girls College **Studying at:** Auckland University of Technology **Degree:** Bachelor of Health Science
(Occupational Therapy)

When Saiyan loka received the call to say she was the recipient of a Milford Foundation Scholarship, she was in disbelief. "As reality kicked in, that disbelief turned into extreme joy and gratitude as I felt the financial burden lift off my shoulders," she says. "It gave me extra motivation as I started university to make the most of this amazing opportunity."

While at high school, Saiyan didn't have her own device and had to borrow laptops from the school – something that has now changed thanks to her scholarship. "I'm so blessed to have technology that is actually mine," she says. "It makes a difference to my studies."

Saiyan was raised as one of 11 children in Glendene, Auckland. "I grew up in a crowded home as the middle child and eldest daughter," she says. "I had the best childhood as I was never lonely." Of Samoan, Cook Island and European descent, her parents' influence was strong growing up. "My mother and father are the most selfless and hardworking

"Milford Foundation has provided me with amazing resources that have guided me through my transition from high school."

people I know, and I'm so grateful for their example."

It was one of her siblings that inspired Saiyan to become an occupational therapist. "My youngest sister has Joubert Syndrome and OFCD Type 1, which are conditions which affect brain and physical development. Throughout COVID-19 lockdowns she was unable to meet with her speech and occupational therapist, so the responsibility fell to our family. I found the process of observing, teaching and seeing her complete a task incredibly rewarding."

"I was inspired by this experience to become an occupational therapist to children."

Describing herself as spontaneous and creative, Saiyan is enjoying her time at university. "I love learning new things and picking up new skills. Milford Foundation has provided me with amazing resources that have guided me through my transition from high school. The best thing is I don't have to worry about finding a job – I can focus more time towards my studies so I can become an inspiring occupational therapist making a difference in the lives of children and their families."



Jessica Ballantyne

High School: Dunstan High School **Studying at:** Te Herenga Waka - Victoria University of Wellington

Degree: Bachelor of Commerce

Moving out of home at age 16 due to difficult family circumstances, Jessica Ballantyne always dreamed of going to university, and she knew the only way to achieve it would be to find alternative living arrangements.

"I knew going to university wasn't going to be possible if I stayed in that house," she says of her living situation in Gore. "I moved to Alexandra to live with my amazing foster parents. I worked hard, put my head down, achieved the academic and sporting goals I aimed for, overcoming the huge mental barriers and challenges brought up by my family."

Passionate about volleyball, the gym, socialising with friends and expressive writing and art, Jessica chose a commerce degree because of her enjoyment of economics at high school. "I'm taking it one step at a time and following my passions," she says. "I hope that by doing this, a door will open leading me to a perfect career opportunity."

Moving from Alexandra to Wellington was a big move - but a positive one. "I have enjoyed settling into a new routine and learning the ropes of what university is all about. I am soaking up all the new experiences and friendships I've made," she says.

Receiving a Milford Foundation Scholarship has also helped the transition. "I am surrounded by people from an amazing Foundation with a wide range of connections to support my learning – and I could not be more grateful," she says.

"The pressure of balancing work, study and social life has been reduced immensely, allowing me to focus on my studies and pick up some new hobbies."

Despite difficult living conditions growing up, Jessica has surrounded herself with positivity. "My friends encourage me to be the best possible version of myself. My foster parents have been an amazing influence and I am grateful for their love and support. My high school teachers all inspired me to work hard and they were very proud when I received this scholarship. Reflecting on my own journey, seeing how far I have come despite my family circumstances continues to push me further in life."

"I would like to inspire other kids with backgrounds like mine that dreams do come true if you work hard enough. You are not defined by your parents or family situation."



Mamata Kafle

High School: Papanui High School **Studying at:** University of Otago **Degree:** Health Sciences First Year

Mamata Kafle grew up in Bharatpur near Kathmandu in Nepal. She moved to New Zealand 10 years ago, bringing with her a childhood passion to forge a career helping people.

She's one step closer to realising her dream, thanks to her Milford Foundation Scholarship. "I cannot speak highly enough of the Milford Foundation," she says. "It changed my life. I'm only able to pursue my passion and turn it into a career pathway, thanks to my scholarship."

That dream is to be a doctor.

"I have enrolled into Health
Sciences First Year which is a
pathway to get into medicine,"
she says. "I've chosen this
course so I'm able to help
people in need. If there's one
thing I could make possible in
this world, it would be to get
rid of untimely death, and pain."

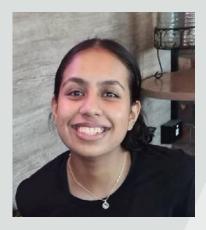
Mamata describes herself as ambitious, driven and dedicated. She's thriving in her new environment and prefers to think of it as "adapting" rather than "challenging". "The scholarship is one of the best things that has happened to me. Because of it, I am hopeful about my future."

"Learning how to adapt is important," she says. "I've found it helpful to make friends with people in my lectures/labs, to form study groups, and learn together. You need to take responsibility for your own learning, so it's good to connect with others."

Inspired by her sister, Mamata is following her lead. "I want to work just as hard as she does so that I can enjoy the work I'll do in the future."

However, it's not all work for Mamata, who enjoys dancing, reading and singing in her spare time. "I'm not great at it, but I enjoy it." She says her Milford Foundation Scholarship is a key reason she can attend university this year.

"With the help of my family, teachers and Milford Foundation, I am able to follow my passion at one of the most esteemed universities in the world. The scholarship is one of the best things that has happened to me. Because of it, I am hopeful about my future. I'm honoured and grateful to receive it."



Ashlin Chandra

High School: Te Aratai College, Christchurch
Studying at: University of Canterbury
Degree: Conjoint Bachelor of Laws and Bachelor of Commerce

Growing up in Suva, Fiji,
Ashlin Chandra knew
first-hand what it was like
to be part of a close-knit,
supportive community. When
she moved to New Zealand
aged seven, helping others
was already second nature,
and she brought with her a
desire to make a difference
in peoples' lives – something
she is now well on the way
to achieving, thanks in part
to her Milford Foundation
Scholarship.

"I want to make a difference in the world by helping people get the fair treatment they deserve," says Ashlin.

"This can be hard for people because they think they don't have a say in matters that relate to them. I want to use my Law and Commerce degree to help people discover they have a voice. I also want to help younger people in the same way the Milford Foundation has helped me."

Ashlin describes her greatest strength as dedication to her goals. "I have a strong desire to finish whatever task that comes my way, no matter how difficult," she says. "It's a way to gain experience from stressful situations and be able to learn from the things I do."

During her first few weeks at university, Ashlin enjoyed meeting like-minded people, and found her law lectures particularly inspiring. She admits transitioning from a "high school way of learning" was a challenge. "I've been reading up on ways to cope with change, asked lots of questions, and made friends with people who are in the same boat as me - it's a new environment but I know I'll get used to it with time."

Ashlin says the support from the Milford Foundation has also helped with her transition to uni life. "The Milford Foundation team is always checking up on me to see how I am going. It makes me feel like I'm not alone on this journey. The Foundation is another family that I know will look after and help me obtain the goals I have. The scholarship has given me a sense of whanaungatanga (kinship)."

"I am a kind and confident individual who is passionate about my education and helping others."



Jessi Gould

High School: Mount Maunganui College
Studying at: University of Waikato

Degree: Bachelor of Science majoring in Aquaculture

"I'm so excited to be given the opportunity to study something that blends my passions," says Jessi Gould. "I'm incredibly passionate about science and the ocean - that's what's led me to aquaculture."

Jessi is from Tauranga Moana, but her iwi Ngā Kuia is in Nelson/Blenheim. She's "super close" to her brother and loves the outdoors and tramping. "But being in the water is what makes my heart sing," she says. "I'm also an avid reader and I get ridiculously happy when I'm in a book store. I have a fascination with plants, in particular fungi – especially mushrooms. Yes, I'm basically a mega-nerd!"

Describing herself as freespirited, Jessi is driven to be successful in her studies so she can achieve her dream job. "It's the kind of challenge that makes me excited to walk through those uni doors every day."

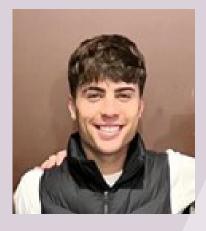
"I want to work with seaweed and algae to find new medicines – both pharmaceuticals and natural medicines," she says. "Through natural medicine, I would love to find a way to combine traditional rongoā Māori medicine and Western medicine."

Already she's inspired by her university studies – especially the lab work. "I love getting to do experiments with incredible equipment and working with different species," she says. "The difference between high school and uni is huge and the most challenging part is the classes – but it's a good challenging! It's the kind of challenge that makes

my brain work and yeah, occasionally it gives me a headache but it's also the kind of challenge that makes me excited to walk through those uni doors every day."

Jessi is grateful for her scholarship. "I think while the scholarship will help me financially, the financial advice offered will also be a huge help. It will help me learn how to handle my money to support my needs."

Having experienced the benefits herself, Jessi encourages others to apply for a Milford Foundation Scholarship. "Walk through the steps, be true to yourself and what you want to do, and you might also get this incredible opportunity that will put you on the path to achieving your dreams. Just like me."



Nate Brown

High School: Kelston Boys' High School **Studying at:** Auckland University of Technology **Degree:** Bachelor of Business

Nate Brown admits he wasn't serious about going to university before he secured his Milford Foundation Scholarship, but all that changed when he got the phone call to say he'd been successful.

"I was thinking about uni as just more study after high school, so I wasn't very persistent with the idea of going," he says. "However, everything changed when I found out I was a recipient. My whole outlook went from being not so keen, to being very proud and passionate about this achievement of mine."

Nate grew up as a sportsloving "proud Māori boy" in Blockhouse Bay, Auckland. "I was brought up by my amazing parents, along with my little sister," he says. "We were never the richest family, but for as long as I can remember, my parents have done everything in their power to provide the best for us."

A rugby player since he was five-years-old, Nate has transitioned to coaching in "Not only has the Foundation assisted and supported my family and myself financially, it has become extended whānau providing multiple people I can reach out to in times of struggle or need."

the community. "It's become a very large passion of mine," he says.

Nate chose to study business as he'd like to start his own company one day. "I always said my dream job was in professional rugby, but now it has developed into me being my own boss," he says. "I like the idea of being able to provide everything my family needs, and to enjoy what I do every single day."

A sense of accomplishment through more independent learning has been one of the highlights for Nate during his first semester at university. "I've proven to myself that I can be very successful academically," he says. "I had to manage my time as Head Prefect at Kelston Boys' High School, so I've faced similar challenges before. I'm overcoming this by always prioritising my classes and study, even when this requires me to make sacrifices."

"I'm good at persevering and not dropping my head under pressure."

Nate is grateful for the support of the Milford Foundation. "Not only has the Foundation assisted and supported my family and myself financially, it has become extended whānau providing multiple people I can reach out to in times of struggle or need."



Tatiana Aitogi-Wilson

High School: Porirua College

Studying at: Te Herenga Waka - Victoria University of Wellington

Degree: Bachelor of Arts, double major in English Literature and History

Family is important to Tatiana Aitogi-Wilson, and the role her parents have played in her life journey is something she carries. "I am the first in my family to go to uni, so this scholarship is very important to me," she says.

"My parents' lack of university education serves as an inspiration for me to pursue my studies further. Their never-ending support and encouragement are a reminder for me to reach my full potential in all things that I do."

In fact, Tatiana's inspiration goes back even further into her genealogy. "My grandparents came from Samoa to give us a better education and life. Through this scholarship, my grandparents' sacrifice was worth it," she says.

A proud Samoan born in Australia, Tatiana moved to New Zealand in 2019. "I'm the middle child in my family. I would say my greatest "My grandparents came from Samoa to give us a better education and life. Through this scholarship, my grandparents' sacrifice was worth it."

strength is being kind because of its simplicity and the tendency for kindness to be reciprocated. Kindness is an important part of my personality. I enjoy watching films that are based on some of my favourite novels, and I have a passion for English literature and history because both have interesting and meaningful stories to tell."

It's this love of storytelling that is driving Tatiana towards her chosen career – an investigative journalist. "People deserve to know all sides of a story," she says. "I like learning about different perspectives to get a clearer view of the story. I want to make a difference by discovering untold truths."

Tatiana has found her place quickly at Victoria University. "I feel a strong sense of belonging here," she says. Despite describing herself as an introvert, she's widening her social circle. "Although socialising is difficult for me, the university's tutorials help me to interact more with my classmates," she says.

Her Milford Foundation Scholarship has also helped ease the transition. "I have my own comfortable study space and the equipment needed for me to focus. I can go to uni stress-free knowing that the scholarship supports my studies."



Bella Sarginson

High School: Mt Aspiring College **Studying at:** University of Otago **Degree:** Bachelor of Arts majoring in Psychology

Bella Sarginson is philosophical when it comes to making a difference in this world. "I want to provide support for people when it's needed," she says. "But I don't actually think it's about making a difference – it's more about playing your part. Whether it be in a whole community, group or family – working together is what I consider making a difference."

Bella's passion for supporting others is a trait she inherited from her mother. "My mum has run a charity called Food for Love for the past seven years. It's been a part of my life since it began and has helped me understand how much hard work and effort is needed to create an environment strong enough to support those who can't support themselves."

It's this passion that motivated Bella to choose her major at university. "Studying a degree in psychology with social work papers gives me a degree which allows me to help groups and individuals on a daily basis," she says. "When the call came from the Foundation, I felt like crying. It was the best news I could have received."

Bella moved to Dunedin from Lake Hāwea outside of Wānaka. "I lived with my mum and sister who I am very close to, but we are a little crazy as a family," she says. "I'm a big lover of the outdoors, and I'm very into sports. I'm a pretty determined person and when I put my mind to something I apply myself 100%."

While she's now happily ensconced in Dunedin, Bella was contemplating not attending university. "With mum being a single parent, I knew I couldn't afford my Hall of Residence and I hated the idea of a large student loan. I was thinking 'do I even go?'. When the call came from the Foundation, I felt like crying. It was the best news I could

have received. University didn't seem so daunting anymore with all that support behind me."

"By being yourself, the Foundation gets to know and understand you as an individual. I have been told multiple times that if I'm ever struggling or need advice, they can help me find a solution. Every day at university I'm learning something new, but I know there are people who can help me."



Nathan Walton

High School: Hornby High School **Studying at:** University of Canterbury **Degree:** Bachelor of Laws

As far as dream jobs go, Prime Minister is a lofty aspiration, however Nathan Walton has a plan to achieve his goal – and it starts with a Bachelor of Laws.

"I have a strong interest in law," he says. "It's a field of study that has always fascinated me, and it will enhance my critical thinking and communication skills. It will also lead me to many exciting opportunities – most importantly to help me pursue my dream job which is to be Prime Minister. But first I want to make a difference by helping disadvantaged people access our justice system, through substantial pro bono work."

Nathan says his scholarship is helping him achieve that goal. "The Milford Foundation is deeply important to me," he says.

"With the Foundation's help, I feel confident and very optimistic about the future."

The most significant aspect of the scholarship for Nathan has been the opportunity to form valuable social connections. "This includes connections with other local recipients, as well as Milford staff. This has given me a solid grounding for my university studies," he says.

Nathan lists his hobbies as reading, watching movies and listening to music. His greatest inspiration comes from his parents and his Catholic faith. "My parents have instilled in me a strong work ethic and the belief that hard work is the key to success. This mindset has helped me to fervently pursue all my goals in life. My faith has given me the

strength needed to succeed, and I draw great inspiration from its beautiful, holy teachings."

Describing his first semester of university as exciting and refreshing, Nathan says the most challenging aspect has been the increased amount of autonomy. "At high school everything is highly structured and inflexible. But at uni you make your own decisions about how you spend your time. It's easy to get distracted, so to overcome this I have made a conscious effort to focus on what is most important and use every minute of the day wisely."

"I want to make a difference by helping disadvantaged people access our justice system, through substantial pro bono work."



Stars shine bright at Eden Park

It was a night of sporting legends at Eden Park on Monday 8 May, as the Milford Foundation held its Burgers, Beers and Brilliant Sportspeople event to raise money for areas of New Zealand affected by Cyclone Gabrielle.

A total of \$203,000 was raised on the night, with ticket sales, silent and live auctions, and koha all contributing. Jason Gunn brilliantly hosted the evening, creating a warm and light-hearted atmosphere. Guests mingled with the likes of Sir Graham Henry, Sir John Kirwan, Michaela Blyde, Rob Waddell, Jeff Wilson, Sir Michael Jones, Steve Williams and Sam Manson – to name just a few of the sporting legends in the room.

As guests enjoyed burgers, beers, wine and dessert, there was a lively panel discussion led by Jeff Wilson. This was sandwiched between the live auction, which saw some fantastic items walk out the door, including a trip to Melbourne, signed sports gear, and private concerts by Hello Sailor and Nathan King from Zed.

The fundraiser was supported by sponsors Parrotdog, Foxes Island Wines, and Milford Asset Management. All the sports people and Jason Gunn donated their time, for which we were very grateful. All proceeds from the event will go towards these projects:

Kaeo, Te Rarawa, Otamatea, Tomarata, Eastern Kaiwaka, Maungaturoto, Wellsford, and Onerahi Rugby Clubs

The Milford Foundation will provide financial aid to support repairs to rugby club room infrastructure and replace essential training equipment.

Waka Ama Club, Gisborne

The Marina Park training ground for this club as well as the river was contaminated due to the damage that the cyclone did to the sewerage pipe infrastructure. The area was also severely damaged. All the small Waka were buried and destroyed beyond repair which has driven New Zealand's oldest Waka Ama club to a halt. The Milford Foundation will replace the lost Waka.

Tairāwhiti Adventure Trust

With the beaches unsafe, playgrounds unusable, and the river full of sewage, there is little joy for youth in Gisborne post-cyclone. Milford Foundation will fund a new Pump Track in Tolaga Bay which was heavily impacted.

Tapuae Sports Club, Wairoa

The clubrooms and change room facilities suffered severe

damage. The Milford Foundation will provide funding to assist in the repair of their clubrooms, changing rooms and plumbing infrastructure.

Wairoa Netball, Wairoa

With 39 teams registered to start the season in May, this club lost every single item of their equipment, the club laptop and all the netball posts that used to sit proudly across 12 courts. The Milford Foundation will replace all lost equipment including netball posts and the club laptop as well as fund a temporary storage facility for the season.

Thanks to everyone who attended, donated auction items or assisted in securing our amazing sportspeople. A very special thank you to Sarah Norrie for her vision for this event, and her hard work to bring it into being. Thanks too, to Neela Evans-Ramji for her outstanding efforts behind the scenes and on the night.

Donations are still gratefully received – visit www. milfordfoundation.co.nz/bbbevent-nights

A total of 20% of all Foxes Island Artist Series Wines purchased will also go towards this campaign. www.foxes-island.co.nz/artist-series





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Why partner with the Milford Foundation? Why we're different

Milford Foundation is unique in that 100% of all money donated goes to our causes.

With more than 28,000 registered charities in New Zealand, when you donate to one of them, you want to know that your donation is going where you intended it to go. For every dollar you donate to the Milford Foundation, every single cent will get to where you intended it to go, because we don't use donations for running costs. This is one of the founding fundamental values on which we developed the Milford Foundation two years ago.

It can be frustrating when donating to a charity not knowing whether the money you donated ultimately got to where you intended it to go or whether a large portion of it was sucked into administration, salaries and other overhead costs.

That's not the case with the Milford Foundation.

Growth

Because we are Milford, we have the ability to grow your donation as well – so it can go even further. For every dollar you donate, 50% will be granted to our causes and the other 50% will be invested in a growth portfolio, so that we can do more with your donation and spread it further.



50%
of your donation
will be granted
to charities

50% will be invested to grow

The only full-time employee of the Milford Foundation is our Chief Executive,
Bryce Marsden. His salary is paid by Milford. The day-to-day operational needs of the Milford Foundation are shared across Milford employees. The time they commit to the Milford Foundation is paid for by Milford within their salaries.

That's how we are able to be true to our commitment that if you donate to the Milford Foundation, every cent will get to where you intended it to go.

Partnerships are at the cornerstone of our ethos

When Milford Foundation selects a charity partner to

support, we use the same rigor that Milford uses when selecting companies in which to invest. When we support a charity, we ensure it uses the money we grant for the intent it was given. We follow the money every step of the way and we use the broad skill set of Milford employees to add further value beyond granting, such as marketing, IT and business advice to support our charity partners to do better and be more impactful.

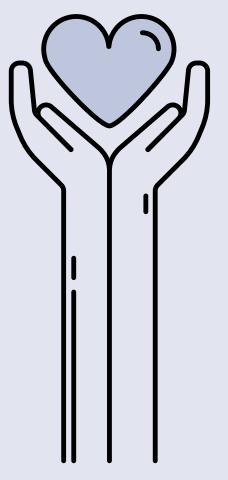
Transformational change

The Milford Foundation is a reflection of Milford's commitment to doing more. We understand that for New Zealand to be a success, we need to provide a hand-up to those who need it, so all communities can prosper and thrive. We are open to collaboration and are

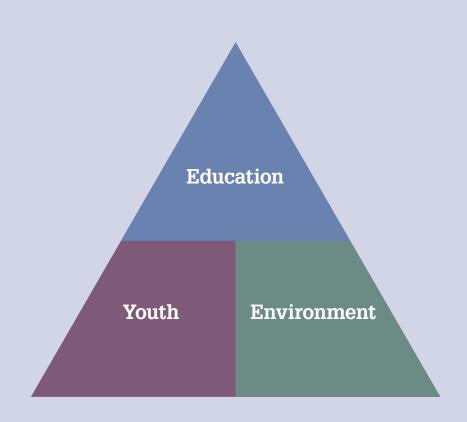
committed to transformational change. It has always been our hope that our clients will choose to partner with us and that their philanthropy can be channeled through the Milford Foundation.

The Milford Foundation is a direct extension of Milford, and the trust that our clients have with Milford can be extended to the Milford Foundation. We're all one team, working to make a difference.

When we support a charity, we ensure it uses the money we grant for the intent it was given. We follow the money every step of the way and we use the broad skill set of Milford employees to add further value.



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Our philanthropic pillars

We are committed to transformational change to create a sustainable future for generations to prosper.

Our pillars of support are;

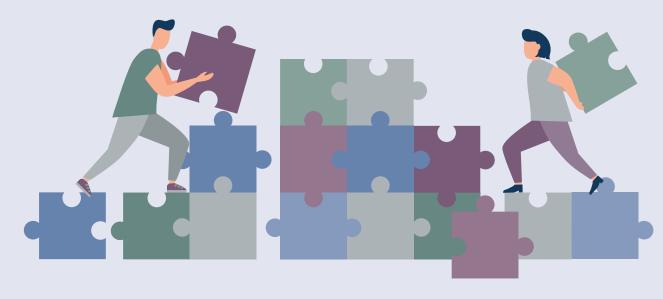
Youth Education Environment

We know we need to work to support the youth of New Zealand to have the best opportunities, in an environment that can sustain them for future generations. The need is tremendous and the gap between the have and have nots is growing wider and wider.

If we can work to give our youth opportunity to thrive in a sustainable, long-term, structured and supportive manner, then New Zealand and all New Zealanders will be more prosperous because of it. We cannot do this on our own. We need our clients and all New Zealanders that are in a position to do so, to join us, walk alongside us, and together we can make a

difference. We seek long term philanthropic partnerships with the charities we support and the donors who walk alongside us.





We do what we say we will do – that's our commitment.

We are open to working alongside our donors to make a difference. We know what can be achieved if we all work together to enact change. There are so many charities doing great work but overlapping and incurring cost to diminish the good they set out to achieve. If we can grow our donated funds by more philanthropicallyminded individuals or companies partnering with us for change – the impact would be mighty.

The late Brian Gaynor wanted the Milford Foundation to be the most impactful charity New Zealand had ever had. With your support, we could make that a reality.



We live by our values The Milford Way



The Puhinui Regeneration Project

Our partners at the Sustainable Business Network (SBN) have been hard at work on the Puhinui Regeneration Project, and, with the help of some enthusiastic volunteers, they have achieved some great results this year.

In 2010, the Puhinui Stream was the dirtiest of all 31 streams monitored by the Auckland Regional Council. This ignited a groundswell of concern amongst local residents, mana whenua, and governing bodies.

Since then, 14,000 native trees and plants have been planted, and there are plans to plant 20,000 more over winter 2023. The overall target for the project is 250,000 plantings. SBN has pitched for a further \$1.2m to add to the \$2.4m already committed to achieve this goal.

There has been some great progress to date, with exciting plans for the future.

SBN continues to be highly appreciative of the support from the Milford Foundation. "The Milford Foundation team can be very proud to have taken a leadership position on this," says Piet Tuinder, SBN's Nature Programme Manager. "The area we're working in has some of the lowest employment rates and health scores in the country. And its once abundant landscape has become heavily polluted and industrialised. This work is built on the belief that we can transform that together because the well-being of the people is intimately interwoven with that of the awa."





An update from Graeme Dingle Foundation

Tēnā koutou, from Co-Founder Jo-anne Wilkinson, Lady Dingle

I wanted to begin by extending our gratitude to Milford and contributors to the Milford Foundation for the incredible support you provide the Graeme Dingle Foundation. Over the four years of our partnership we have been able to deliver truly meaningful impact with your support and enhance the livelihoods of thousands of young people across Aotearoa New Zealand.

As with many organisations working within the youth sector we have seen the issues that young people face exacerbated by large scale events and the overwhelming presence of social media in their lives. Through research we have been able to adapt our programme delivery for 5-24-year-olds to ensure we are always able to address their needs in this volatile and changing world.

For 27 years the Graeme
Dingle Foundation has
run youth development
programmes specifically
targeted to the different
needs of young people. Our
programmes, importantly, are
staggered through different
moments of a young person's
life to ensure we are consistent
in walking alongside them
and having them know that
despite any obstacle faced,
they can lead a bright future.

Over the past six months we've seen students recognised for their achievement through our programmes and their own self-development. Our most recent celebration was our 2022 Excellence Awards. The event is always a spectacular and emotional one, with students of varying ages gathering in Auckland with their support people and awarded for their outstanding efforts.

As mentioned, our Foundation is consistently evolving and adapting to best suit the needs of children and young people, and research has been a prominent piece of the puzzle throughout our 27 years of operation. Earlier this year, thought leaders from the social sector came together for our Research Symposium which will continue to inform conversations within our sector as well as leading to further research.

This year, our Research and Evaluation team will be undertaking research involving the recognition of neurodiverse learners and how our programmes can and do support these learners.

Looking ahead to the rest of the year we are thrilled to welcome our new



Foundation CEO Jo Malcolm-Black, who brings with her valuable experience and many years working with youth. We are also excited to be able to celebrate the beginnings of our third Career Navigator Community programme which launched in Auckland on 1 May following the success of the pilot programmes in the Marlborough and Porirua regions.

As always, the Foundation continues to celebrate the success and wonderful stories from students who have been a part of our programmes. These success stories come in large part due to the ongoing support received from our funding partners.

As we know, it takes a village. Thank you, Milford Foundation for your generous support.

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o Malcolm-Black Chief Executive Officer, Graeme Dingle Foundati

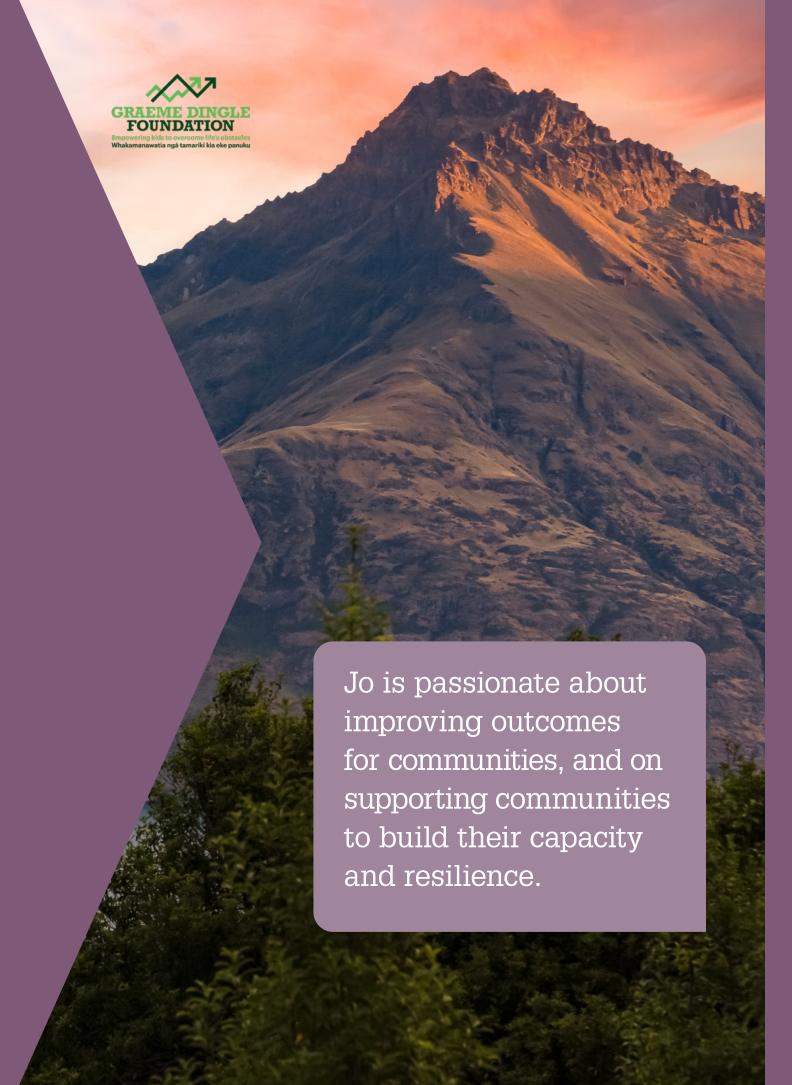
Introducing Graeme Dingle Foundation CEO Jo Malcolm-Black

It is our great pleasure to announce the appointment of Jo Malcolm-Black to the role of Graeme Dingle Foundation CEO.

Jo was raised in Ōtautahi
Christchurch but spent
almost 20 years in Taranaki.
She is a proud parent,
partner and an enthusiastic
pet owner. Jo is passionate
about improving outcomes
for communities, and on
supporting communities
to build their capacity and
resilience. Jo has a long
history in family services and
public service in New Zealand,
having worked for the

National Health and Disability Advocacy Service, for the Royal New Zealand Plunket Society and for the Ministry of Social Development.

Jo moved to Melbourne in 2017 where she has worked for the state-wide Family Violence Response provider, and as Group Manager for Children, Youth and Family, and Family Violence Services at Uniting (Victoria and Tasmania). Most recently Jo has been the Chief Executive Officer for the Youth Junction, a youth services provider supporting young people engaged in the youth justice system. Jo is looking forward to coming home, and to putting down roots in Tāmaki Makaurau. She is thrilled to be joining the team at the Graeme Dingle Foundation and we are just as thrilled to welcome her.





Milford Foundation and measuring impact

With the support of the Milford Foundation, the Graeme Dingle Foundation has been able to embark on a project with ImpactLab, with a focus on using data to measure positive social change. "Good Measure" is the name of the tool we are able to use, and through data points, it calculates a tangible social return on investment (SROI).

The development of these metrics will help us to share our programme outcomes with key stakeholders, ultimately building on our understanding of the impact of the programme and at a granular level. We will identify where impact lies and the potential levers to grow this impact. For us, the support of Milford Foundation in this venture will continue to help our Foundation for years to come.



Students taking part in Kiwi Can life skills and values programme at Clendon Park School thanks to Milford

"Good Measure" is the name of the tool we are able to use, and through data points, it calculates a tangible social return on investment (SROI).

Success of our pilot programmes sees development into new regions of Aotearoa

The Graeme Dingle
Foundation launched "Career
Navigator Community" in
August 2020, anticipating high
youth unemployment due to
COVID-19. This community
version of their already
well-established in-school
programme "Career Navigator"
has been designed to support
16–24-year-old NEETs (not in
education, employment, or
training).

The programme is run with small cohorts five times per year and spans 16 weeks (8 weeks of intensive programme and 8 weeks of "Job Club") which gives young people the opportunity to build confidence, learn new skills and prepare for the world of work.

The format is delivered in three main parts: individual support, industry/work-ready support, and extended job seeking and transition support. Career Navigator Community was piloted in Marlborough. When we evaluated the first year of cohorts, 87% of those who completed the programme are now in work or training. We were so thrilled with the pilot's success that we launched a second pilot in Porirua in

March 2021, where we are seeing similar results. This year, Career Navigator Community kicks off in Auckland for the first time.





Career Navigator Community participants

Growing money confidence with MoneyTime

Most of the readers of this magazine grew up without a formal financial education and have done well in spite of it.



Neil Edmond, Founder and CEO of MoneyTime.

However the majority of New Zealanders haven't fared so well. Their parents weren't taught financial literacy and neither were their teachers. So they grew up not knowing how to manage their money wisely.

The realisation that this scenario was likely to be repeated caused Neil Edmond, the Founder and CEO of MoneyTime to create a financial literacy programme that does the teaching for them.

Now five years old, MoneyTime has just enrolled its 60,000th student and is being used in over 700 primary schools throughout New Zealand. Edmond, a former marketing consultant, says he was dismayed at the lack of

financial education his own children were receiving in school.

"Money is such an important part of everyone's lives yet there did not seem to be a concerted approach to teaching about it. When talking to teachers, I discovered that most are constrained by their own lack of financial education and feel they don't have sufficient knowledge or resources to teach it effectively. So, I decided to create a financial literacy programme that didn't rely on teachers having the knowledge or confidence to teach it.

"I come from a line of teachers and have always enjoyed the challenge of explaining concepts to people in a way they can understand and relate to. The challenge was to put myself in a 12-year-old's shoes and make sure the content was stimulating, enjoyable and age appropriate."

"To enhance this, I
gamified the programme
because it's a fantastic
way to keep kids
engaged and motivated."

Edmond spent six months researching and writing the content, then another half year

testing it with students in five satisfied with the fit, Alex Lam, a co-founder, had his team put the programme into code to create the final product. Edmond is delighted at the uptake from schools. "It's great that so many New Zealand primary schools have decided to make learning about money management a priority for their students. Learning the fundamentals of personal finance at an early age sets children up with knowledge and confidence about how to manage their money as they get older. Good habits learned now will enable them to grow into adults."

Designed for students aged 10-14, the programme incorporates self-taught lessons and automatically marked quizzes, covering the full spectrum of financial literacy from earning and budgeting to borrowing and investing. They are rewarded with money for each correct answer to spend on avatars and investments within the programme, which builds confidence in making their own "real world" financial decisions.

Most schools do not have the budget for subjects like financial literacy so MoneyTime is provided free of charge to New Zealand primary schools by virtue of sponsorship. Milford Foundation is proud to be the cornerstone sponsor of the programme.

"We are very grateful to the Milford Foundation for their support," says Edmond. "Milford Asset Management was our first sponsor and now to have the Milford Foundation supporting us means we can continue fulfilling our mission to financially educate a generation of Kiwi kids."









ImpactLab - Do good, better

Every New Zealander should be able to live the life they choose. At ImpactLab, we believe that investment in philanthropy can help provide New Zealanders with the right support to help make a better life for themselves.

So, where should philanthropists invest their money?

It can be difficult to estimate the amount of good that philanthropic investment creates. In New Zealand, there are over 28,000 registered charities of which 1,500 have an annual revenue of over \$1 million. Together, they spend approximately \$24 billion per year, the majority of which comes from government funding, micro and macro donations, and fees charged for services. Estimating the impact of this philanthropic investment can be expensive, anecdotal, and time-consuming.

ImpactLab helps philanthropic funders and non-profit organisations, from small grassroots charities to large government-funded programmes, measure, understand, and demonstrate their impact. We connect decision makers with the data and information they need to help make their investments work for our communities.

Since 2019 ImpactLab has worked with over 200 non-profit organisations in New Zealand, covering over \$207 million of investment and reaching 9.5% of the New Zealand population. Our goal is

to put people and families at the centre of decision-making using data which represents human beings with their own aspirations and individual experiences.

GoodMeasure

GoodMeasure is our tool that combines data from programmes and public initiatives with academic evidence to measure the impact that non-profit organisations create in the community.

It helps organisations understand their data and make improvements for the future, determine what data they should collect for future impact assessments, and articulate their impact using quantitative data and the power of narrative. GoodMeasure helps funders trust their investments are contributing toward their specific interests while helping initiatives prove they are a good home for investment.

Key Metrics

GoodMeasure generates three key metrics:

 Social value. This is the social impact in dollar terms that a programme achieves for participants over their lifetime.

- 2. Social value per person. This total social value divided by total participants within the period in scope helps programmes visualise the difference they are making in each participant's life.
- 3. Social return on investment (SROI). This calculation of social value divided by programme costs allows programmes to estimate the impact of each dollar invested in their work.

Doing Good, Better

GoodMeasure is a catalyst that helps non-profit organisations to know and grow their long-term impact. It reviews what works and what could be improved and offers insight into the essential data points that demonstrate impact.

GoodMeasure provides a baseline view of a programme's impact. Yearon-year reviews can create a robust feedback loop that consistently provides insight as to how organisations can do good, better.







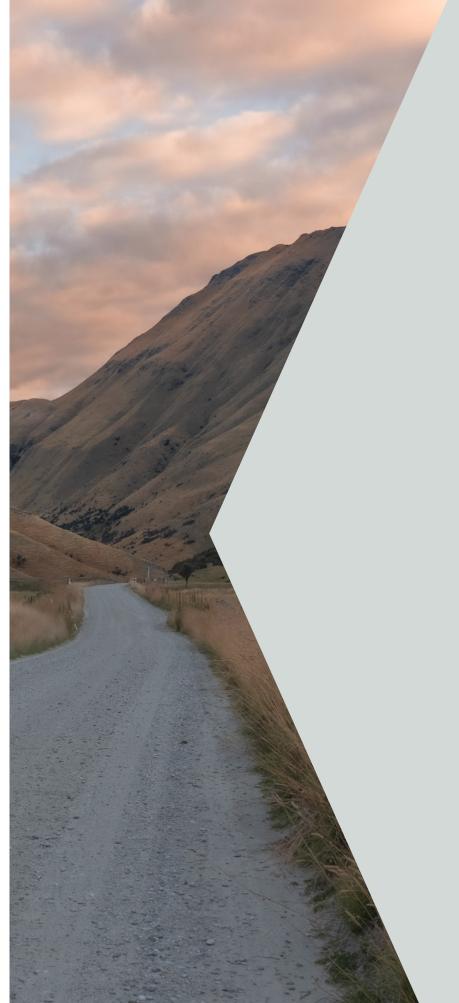
Village Trust Foodbank

What does it take for a family or an individual to find themselves in need of food support? From the outside looking in, you can suppose it's people who have had severe financial setbacks, are homeless or people without work. We sometimes see people who fit these categories at our foodbank. Many of our recipients are single parents or families on a single income, elderly individuals living alone and beneficiaries.

However, there is a new wave of vulnerable families and individuals that we are seeing more of day-to-day at the Village Trust Foodbank. We are seeing an increase in full-time working Kiwis of all ethnicities requesting food support. These are people we never thought we'd see, and many say they couldn't have imagined having to go to a foodbank to get by. This "new vulnerable" Kiwi could be your neighbour or even someone in your own family, a nurse, a teacher, someone that shows up to work every single day. We anticipate this group will grow even more with the rising cost of living, increases in interest rates, and the threat of job losses on the horizon.

So back to the initial question, how does a family find themselves at a foodbank? The reality is it doesn't take much to tip a family this way. For many, the cost of living now exceeds their income so there is never any extra. With less money saved to cover unexpected expenses, food money often gets used in times of need. Relationship breakdowns, car repairs, a death or illness in the family, high rents, school uniforms and fees, damages from the recent flooding, and many other factors are contributing to families struggling to put food on their tables. As winter is upon us, we anticipate a rise in need as families struggle to pay increased utility bills.

The Village Trust is based on the notion that "it takes a Village to raise a child". It is the combined efforts of many that contribute towards the well-being of the vulnerable, many of whom are children. The opportunity we have Lady Maliena Jones CEO, The Village Community Services Trust



to help people in need is never on our own efforts but rather it is the combined mahi and contributions of so many Kiwis to help those who are finding it hard to help themselves. We have experienced the generosity of New Zealanders (individuals, families and businesses) who have given generously of their time, resources, food supplies and finances so we can provide to families who have nowhere else to turn.

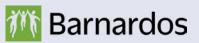
We are grateful for the partnership we have with Milford Foundation that has

provided us with financial support, weekly volunteers, Christmas donations and support to dream of new ways to help our community. Foodbanks aren't the answer for the looming growth of "new vulnerable" Kiwis but they fill the gap when families are experiencing hardship, particularly for the first time. My encouragement to anyone would be, if you are in a position to help others in any way, please give whatever you can. You never know who your contribution will reach; it may be someone closer than you think.





John Willis Acting CEO, Chief Financial C





Mike Munnelly
Outgoing CEO

A new chapter for Barnardos



Matt Reid Incoming CEO The last week in April was a sad week for Barnardos as we farewelled Mike Munnelly, our CEO for the past four years and, prior to that, the General Manager for Child and Family Services for nine years.

Before he left, Mike reflected on his working life and his time at Barnardos.

"I am leaving with many memories of our wonderful work and the remarkable people who work for Barnardos. I have loved working for and leading Barnardos and I am incredibly proud of the work we do here every day. I'm both proud and humbled by the skill, passion, and commitment each and every staff member brings to their job with the shared wish to make a difference to our tamariki, rangatahi, and whānau.

"I leave knowing Barnardos is in good heart and good hands, which will be well supported by the new Chief Executive, Matt Reid, when he arrives in July. There is still much work to do and Barnardos is well placed to respond to the challenges and opportunities which lie ahead."

"Some of my highlights include:

- •The work on social work pay equity
- Progressing pay parity for Barnardos Early Learning Services
- The amazing ImpactLab report about our LEAP service with an \$18 return for every dollar spent on the service (LEAP is a service designed to keep vulnerable children safe and to reduce the risk of maltreatment, particularly where there are complex and multiple needs)
- Every bit of feedback we have received about the quality of our services
- The 21st birthday of 0800 What's Up in 2022
- The opening of Awhi Tairāwhiti in March 2023 (Awhi Tairāwhiti is a new service focusing on providing quality early learning alongside wrap-

- around family support, parenting advice and programmes to whānau where required).
- "I leave knowing Barnardos is in good heart and good hands, which will be well supported by the new Chief Executive, Matt Reid, when he arrives in July. There is still much work to do and Barnardos is well placed to respond to the challenges and opportunities which lie ahead."

Barnardos is pleased to be welcoming Matt Reid as its new CEO in July. Matt brings a wealth of professional expertise to the role and has extensive knowledge of Barnardos' work, having served a number of years on the Barnardos Board.

Currently Chief Operating Officer of Porirua-based Te Āhuru Mōwai – Aotearoa, New Zealand's largest Māori-owned Community Housing Provider established by Ngāti Toa, Matt has held senior roles at Te Papa Tongarewa, Department of Corrections, and Hutt City Council. "I'm excited by the role and the opportunity to work with the team to make a real difference and provide a helping hand for children and whānau who need it most," Matt says.

In the interim, I am pleased to be leading our Barnardos whānau and supporting our people to continue the amazing mahi to make a lasting difference to the lives of tamariki and whānau in Aotearoa.

John Willis

Acting CEO
Chief Financial Officer

4

0800 What's Up teams with Healthy Harold to support more tamariki





Barnardos is excited to be joining efforts with Life Education Trust to support the mental wellbeing of tamariki across Aotearoa.

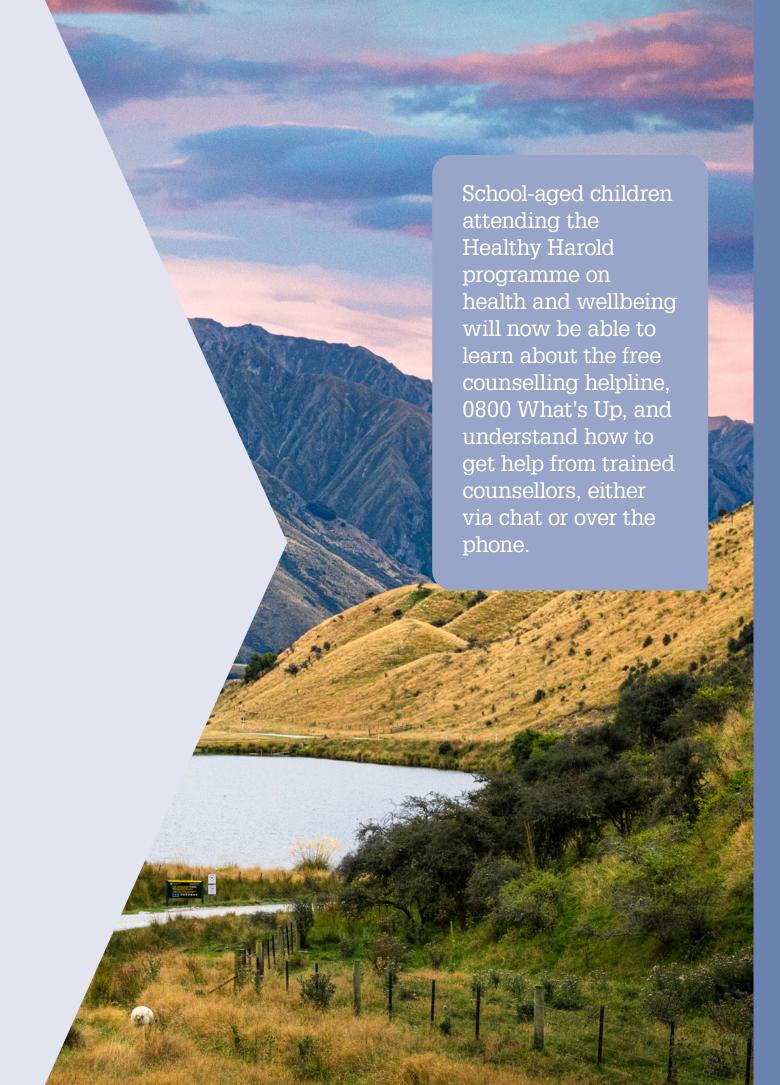
We know the most common topics young people contact 0800 What's Up for are mental distress. loneliness, depression, anxiety, relationships and family issues, suicide, and bullying. These topics are also commonly requested by schools to be covered in Life Education Trust's Healthy Harold lessons. Last year, 65% of lessons focused on relationships or identity and resilience (including mental health). This unique partnership between the two organisations hopes to help thousands of tamariki going through difficult times.

School-aged children attending the Healthy Harold programme on health and wellbeing will now be able to learn about the free counselling helpline, 0800 What's Up, and understand how to get help from trained counsellors, either via chat or over the phone.

Barnardos 0800 What's Up is the only helpline in Aotearoa



offering free counselling service to tamariki and rangatahi aged between 5-19 years. As the largest health education provider in the country, Life Education Trust has educators, and its mascot Harold the giraffe, working with 86% of New Zealand primary and intermediate schools. Educators cover identity, self-worth, resilience, peer pressure, the effects of bullying, being kind to others, and where to go for help, including 0800 What's Up.





Learning to manage grief

Adam is seven. He rang 0800 What's Up because he was feeling very sad. Adam's Poppa died two years ago. Adam was very close to his Poppa. They spent a lot of time together and went for ice creams. Adam said he misses Poppa so much he sleeps in Poppa's room in their house since he died. He finds this comforting because he senses Poppa is around, and he can feel his presence in the room. Adam gets on well with his parents and his siblings, but he feels like they wouldn't understand as they don't seem to miss Poppa like he does. Adam told the counsellor he has recently started to self-harm. He feels bad because Poppa wouldn't like him doing this, and he is worried that his parents and siblings would be sad and angry if they knew. He's concerned that they would think it's their fault. Adam says that he just misses Poppa so much that cutting himself helps to (temporarily) stop the feelings of pain and loss.

Adam had other concerns that he shared with the 0800 What's Up Counsellor. He doesn't have a lot of friends and he feels that people don't really like him. He has felt alone for a long time. Adam finds school difficult as he gets picked on. Recently at school, Adam got into trouble. His younger brother was being bullied by a much older student, and Adam said he just "lost it" and attacked the older student, punching and kicking him. The anger about Poppa dying made him lash out when he saw his brother

in danger. He was able to talk to his teacher about this after the event but is worried that he might do it again because he misses his Poppa so much.

The 0800 What's Up Counsellor encouraged Adam to call back so they could keep talking about his feelings of grief around the loss of his relationship with his Poppa. They're also working on some practical tools that Adam can use to calm down when he is feeling angry. Without 0800 What's Up, Adam might not have anyone else he could talk to about his feelings. There might not be anyone who could help him to learn how to manage his emotions, and who could support him through his grief.

Thanks to support from Milford Foundation, 0800 What's Up provides a safe, confidential space for Adam to receive the help he needs in a way that suits him.



Christmas cheer by the bucket-load

A total of \$81,441

was raised for four charities:

The funds were used by those charities to ensure the communities they work with had something to smile about on Christmas Day.

\$12,954

Barnardos

\$12,504

The Village

\$35,379

Pillars

\$20,604

Mummys in Need





Some of the toys The Village was able to purchase for children in their community thanks to the Milford Foundation Bucket Campaign



Hundreds of gifts took many hands to wrap!



Doing the mahi

Milford Mahi is a great way to give back into the community, while learning more about the Foundation's charity partners.

There are two opportunities for Milford employees to donate their time – with The Village Trust and the Puhinui Regeneration Project.

For over a year now, a group of Milford employees has headed out each Wednesday to help pack much-needed food parcels at The Village. The majority of Milford employees have spent at least one Wednesday at The Village's West Auckland hub – and many have been regulars.

Now there is a second opportunity available.
Milford volunteers in their

There are volunteer opportunities for anyone interested in helping the project – you can register for them here: events.humanitix.com/give-back-to-te-puhinui

gumboots and gardening gloves take part in the Puhinui Regeneration Project during the last week of every month.

Everyone is welcome

The project is helping to create the conditions for restoration of the mauri of the land, waters and communities of the Puhinui catchment. You can make a difference through volunteering. You'll learn more about this fantastic project as you chat to the rangers, and do the mahi.







Milford has been supporting the Milford Foundation since its inception two years ago, and I'm delighted to see the depth of partnership that has developed over that time.

Watching a vision become reality has been a privilege, and Milford is proud to journey with the Foundation, as it works towards its mission of being the most impactful charity in New Zealand. The past two years have been difficult financially for many people, so the timing of the Foundation's formation means it has already made a measurable difference to the communities it supports. Milford will remain steadfast in its commitment to the Foundation, so this work can expand to meet the growing demand.

The key to providing holistic support is genuine relationship – something the Foundation continues to successfully build with its partners. Milford supports those relationships, with employees volunteering time "on the ground" with the Foundation's charity partners.

The strong interest shown by employees is testament to the high level of engagement Milford has in ensuring continued success.

I'm also grateful to Milford's clients for their support. There is a growing number signing up for the Foundation's newsletter, and donating through the website. Thank you to each of you for getting behind the Foundation's vision.

The Milford Board is looking forward to continuing its partnership with the Foundation, and creating many more opportunities to positively impact the lives of New Zealanders.

"I'm also grateful to Milford's clients for their support. There is a growing number signing up for the Foundation's newsletter, and donating through the website. Thank you to each of you for getting behind the Foundation's vision."





Managing the money

The overall investment approach of the Foundation's portfolio over the past few months has been cautious given a difficult investment outlook, nonetheless the Capital portfolio has grown by a satisfactory 6%pa since inception. By contrast, the Grant's portfolio representing around one-third of total Foundation funds, remains wholly invested in cash ready to be donated to worthy causes in line with the Foundation's objectives.

The assets in the Capital portfolio are invested across 12 PIE funds managed by Milford. The proportions invested in each of these funds is varied according to where the Milford investment team considers the best investment opportunities to be. In this regard, around two-thirds of the fund's assets are invested in growth assets (i.e. onshore and offshore shares) with the remainder in less risky investments comprising fixed assets and cash.

Investment markets both locally and offshore have been mainly focused upon inflation numbers and particularly the efforts by global central banks to increase interest rates to bring down inflationary expectations. This process has, as intended, reduced economic growth and hence corporate earnings thus making it difficult for global sharemarkets to achieve positive returns.

Moreover, a recent run on Silicon Valley Bank (SVB) in the US revealed fragilities in regional banks and impacted materially upon investor and consumer confidence during the period. As a consequence, it is now expected that significant interest rate rises to date may abate by year-end, recognising that conditions have been impacted by the SVB crisis and consequent falls in investment markets.

In New Zealand the OCR has moved up to 5.50%pa catching markets somewhat by surprise and clearly indicating that the local economy is proving more resilient than expected. In addition, non-NZ migrants are flowing into New Zealand at record levels which will assist in easing labour market demand and hence assist in lowering inflation pressure. As this process continues we can expect investment market

performance to improve.
Overall, the Foundation's
investments rely upon
Milford's approach to
investment which, as well as
analysing global trends, is
heavily focused upon finding
value at the company and
individual security level.
Often regardless of the
state of uncertain markets,
opportunities remain to
identify superior returning
investments and hence add
portfolio value.

It is expected that the investment strategy for the Foundation will remain cautiously positioned for the foreseeable future with the aim of preserving capital while waiting for markets to stabilise given lower inflation and lower interest rates. As the investment picture becomes more certain, the Foundation's portfolio will gradually increase exposure to growth assets and hence can expect improved returns.

Foxes Island Wines

After spending a cool, wet summer working in a hotel restaurant in Cornwall, a 19-year-old John Belsham stepped off the ferry in France with a few pounds in his pocket, some Grammar school French, and a broken heart. It was September 1977, and with medical school on indefinite hold in New Zealand and in search of some warmth, he headed south by train, having just enough money to get to Bordeaux. Arriving in the dark of night, Belsham made a fresh start in the morning to find a map and register for a job. The early autumn weather was warm, and the region's wine grape harvest was underway. Keen to find a job outdoors, he was hired to pick grapes at a small, family winery in the Médoc, north of Bordeaux. If he could make the cut, the job would last five weeks.

The proprietor, a fifthgeneration Algerian colonist (Pied-Noir) named Adrien Tramier was repatriated to France in 1964, when his family's 250 Ha farm, filled with vines, orchards and wheat fields, was confiscated by the newly independent Algerian government, without compensation. Civil war had taken its toll on the family, and Adrien was a demanding character with a voracious work ethic and an expectation of others to keep up. "He was certainly tough and brutally honest, yet fair. Despite his hardened exterior and occasional temper, he was deeply passionate about his life's work and was selfless in sharing his knowledge. Praise from Adrien was hard-earned and thus cherished. He is an enormously proud yet humble man, and in time, I earned his respect; in many ways, he became a father to me," says

Belsham. Having a natural feel for the vineyards and keen to apply his scientific knowledge to winemaking, five weeks turned into five years. "Whilst living and working with the Tramier family, I became a winemaker under Adrien's tutelage. I worked during the day and studied oenology at night in French. At dinner, Adrien would always select an aged wine from the cellar, believing one must always drink the best quality to progress as a winemaker. He opened an extraordinary world of flavour for me and taught me that great wine always reflects place; it requires careful planning, exactness, belief, and time."

Coming from a multigenerational farming family in Algeria, Adrien also imparted the importance of fostering natural biodiversity and a healthy ecosystem to support the land and vines. "In the seventies, this thinking was utterly contrary to the Green Revolution and the liberal use of chemicals being espoused. Adrien was never swayed by the propaganda, and he continues to farm with the same sensitivity today," says Belsham.

Although France was very much home, so was New Zealand. Now in his mid-twenties, it was time for Belsham to make some decisions about his career, and visa status. The New Zealand wine industry was small, with 45 wineries at the time; however, the opportunity and challenges ahead were exciting. And so, it was.



In 1982 with feet back in Aotearoa, Belsham landed his first job with Nobilo Vintners as assistant winemaker. "When I arrived back in New Zealand, the modern wine industry was in its infancy. We didn't have the same legal restrictions as in France, which hastened innovation, yet tolerated some dubious practices. On my first day, I was required to blend a product called "Screwdriver", made from low-grade white wine, distilled spirit, and food colouring. I lamented...What have I come to? However, as vintage began, the daily tasks felt more familiar." A year later, Belsham progressed to winemaker at Matua Valley, then a privately-owned

company with a budding reputation for innovation and pursuit of excellence. "In a few short years, we at Matua Valley, along with other emerging companies, pioneered the development of Chardonnay, Riesling, Gewürztraminer, Sauvignon Blanc, Pinot Noir, Bordeaux Blends and more; several have endured, whilst others disappeared. In the eighties, we were blessed with a domestic market thirsty for New Zealand expressions of the best French wines; our only limitations were grape supply and market response. We revelled in the challenge to pursue our dreams." In 1987, the NZ wine industry was at an inflexion point as Marlborough was emerging

Although the region had considerable plantings, the varieties were mainly Müller-Thurgau and a few others destined for "Bag in the Box". Fortunately, there was a small amount of excellent Sauvignon Blanc produced at Hunters and Cloudy Bay that caught the world's attention. "In 1986, Hunters won the top award at the UK Sunday Times Wine Club with its 1985 Fumé Blanc (an oak-aged Sauvignon Blanc). In the same year, I took over the winemaking at Hunters. We won the same award again in 1987 and 1988. The resulting publicity for Marlborough Sauvignon Blanc in the UK was exponential. Along with some inspired marketing, that pinpoint in time is now recognised as the launch pad of the Sauvignon Blanc wave that continues to roll on," says Belsham. As the world got its first taste of Marlborough Sauvignon Blanc, orchards were pulled, and sheep moved off paddocks to make way for vines. However, there was insignificant winemaking infrastructure in the region, and grapes were transported to Auckland for processing, not an ideal journey especially when navigating rough ferry crossings or industrial action. Seeing an opportunity, Belsham partnered with a stainless-steel fabricator to construct the first contract winemaking facility in New Zealand. At one stage, he was making 70% of the region's Sauvignon Blanc. "The business model was so new, I was rarely given instructions for making a client's wine; they simply told me to make it, we trust you," says Belsham.

as a newly fashionable region.







John Belsham and his partner Kelly Brown (Sales and Marketing Director).

As the fast train of development and success sped along, Belsham continued to make "drink now" Sauvignon Blanc for clients with little variation. Unfulfilled, he began to reflect on the wines he had made in France that stood the test of time and spoke of place. Thus, much like his mentor Adrien, he swam against the tide and began planting his first Chardonnay and Pinot Noir vineyard. 1992 marked the first Foxes Island Estate Chardonnay, and in 1993 Pinot Noir, one of a handful of

single vineyard wines in the country. And like he had learnt to do in France, the wines were cellar-aged before release, a programme that continues to be a hallmark of Foxes Island today.

For ten years, Foxes Island's sole focus was Chardonnay and Pinot Noir, and like many winemakers bitten by the Burgundy bug, John continuously sought to refine his style. In 1999 he started nosing around the Awatere Valley, seeking a very specific

Pinot Noir site. His nose led him to a piece of land carved out during the glacial period, sitting directly on the south side of the snow-fed Awatere River. It was part of a larger pastoral farm; however, the land was not geographically contiguous, making it difficult to graze. The land's multiple terraces added to the complexity, and eventually it became neglected and overgrown. John eventually purchased the land and began planning the Awatere Estate; taking to the task of carefully clearing the land without damaging the soil structure formed over 40,000 years. During the next four years, the land was densely planted, with 70% planted to Pinot Noir. Chardonnay, Sauvignon Blanc and Riesling were also planted. "The predominant wind comes from the northwest in the Awatere, and although Pinot Noir appreciates all that the site has to offer, it doesn't enjoy the strong winds. However, Sauvignon Blanc doesn't mind, and in our case, benefits from the wind as it forces the vine to put its roots deep into the soil and its energy into the grapes. I planted 40 rows of Sauvignon Blanc on the western side of the Pinot Noir to create a natural wind break. Additionally, as the varietal grows in older soils full of friable and complex minerals, we get a very different flavour profile and structure than Sauvignon Blanc grown in the Wairau Valley, a former flood plain."

Sauvignon Blanc is one of the oldest and most ageable wine grape varietals. It originated in the Loire Valley, and later migrated to the



Sunbird Karaoke by artist Kirsty Black

60

Bordeaux region, forming the backbone of "Bordeaux Blanc". It later parented Cabernet Sauvignon in the early 18th Century.

"It is immensely satisfying to see Sauvignon Blanc reflect the unique elements of New Zealand whilst also delivering the ultimate expression of richness and elegance in La Lapine," asserts Belsham. "It took me 20 years to tame La Lapine and a lot of great minds to help me get there." Standing head and shoulders above commercial expressions, La Lapine exemplifies New Zealand's maturity as a fine wine producer, fittingly with Sauvignon Blanc. The country is growing up.

The pursuit of perfecting Pinot Noir has carried on for centuries, with work conducted by the Cistercian monks of the Middle Ages still being relevant today. Pinot Noir's power is not in its muscles but in its seduction. Being the most fickle and unforgivable grape, it doesn't tolerate neglect nor a heavy hand, but it will reward generously with patience and time. The best winemakers are often the most disciplined, they know where to push the boundaries and when to stop. "There is a fine line with Pinot Noir that delineates magnificent from the ordinary, and once that line is crossed, there is no return. An artist or a chef may be able to correct course quickly; however, as a winemaker, you'll need to wait an entire year for another chance. From

experience, you learn not to make mistakes twice, to be diligent and to improve constantly," says John.

"Winemaking stretches back

to 3.000 B.C., and in that context is quite humbling, as is working with nature," says Belsham's partner, Kelly Brown. "When your profession and potential success is so closely tied to the land, you can feel and taste nearly every vibration, sunshine hour and rain event in each sip of wine, thus climate change is always at the forefront of our minds. At a granular level, we see the changes in our backyards, communities and natural landscapes. However, the extreme weather events globally and here, have reframed nuanced shifts to meretricious displays, with devastating results. After the floods and Cyclone Gabrielle, we took time to consider how best we could contribute and in ways that would have measurable impact. Then I received a phone call from Sarah Norrie. Chair at the Milford Foundation.

"As Sarah updated me on the initiatives at the Foundation." says Brown, "it became clear we could potentially do more than provide an auction item, we could create a programme with impact. Simultaneously, we were preparing for the release of the Foxes Island Artist Series, a limited release of two wines from the 2014 vintage featuring a work titled, Sunbird Karaoke, by artist Kirsty Black. The Artist Series is a natural

extension of the Foxes Island portfolio, borne out of the belief that wine and art are deeply sensory and evoke universal emotions that positively connect us as human beings. With a few more conversations and calculations, a collaboration was born."

20% of the Artist Series wine sale proceeds will be donated to Milford Foundation to specifically help communities recover and build a more sustainable and resilient future; to include investments in youth, education and the environment.

"We feel very honoured and privileged to partner with Foxes Island Wines in our purposeful endeavour to identify the right projects that will provide the most benefit, particularly for the youth in these impacted regions," says Sarah Norrie, Chair of the Milford Foundation.

"Working alongside like-minded companies such as Foxes Island who understand the huge benefit that philanthropy can make, when New Zealanders come together for a collective cause, is magnificent. It is our hope that all those that enjoy quality wine, will savour each sip of the gift that the purchase of the Artist Series will make."

Raise a glass to giving back

Your purchase of Foxes Island Artist Series wine will help cyclone impacted communities recover

Foxes Island Wines are donating 20% of all the sales of their limited edition Artist Series wines to the Milford Foundation to help communities rebuild from the devastating impact of Cyclone Gabrielle.

Foxes Island Artist Series features Kirsty Black's exclusive 'Sunbird Karaoke' on the labels of their award-winning La Lapine 2014 and Pinot Noir 2014 wines. Both wines have received an Outstanding 95 Points from Master Sommelier Cameron Douglas.

Impress your guests by sharing these exclusive wines (along with the exceptional back story) at your next dinner party.

Each purchase helps us make a difference for communities in need.

20% of all sales donated to the Cyclone Gabrielle rebuild projects



Buy online now











Koha/ Donate now

Join the Milford Foundation today and donate by direct bank transfer or securely with a credit card. 0800 FOUNDATION (0800 368-632) info@milfordfoundation.co.nz www.milfordfoundation.co.nz f in @ @milfordfoundation

With thanks to our supporters









MinterEllisonRuddWatts